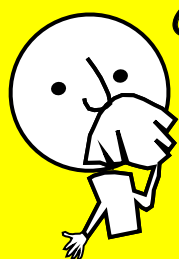


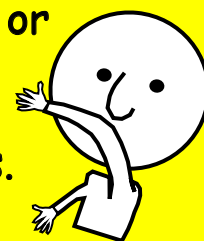
COVER your COUGH

and Wash your hands
so you can stop germs.



Cover your mouth and nose with a tissue when you cough or sneeze. Put your used tissue in the waste basket.

Cough or sneeze into your upper sleeve, not your hands.



Use **soap** and **warm** water.



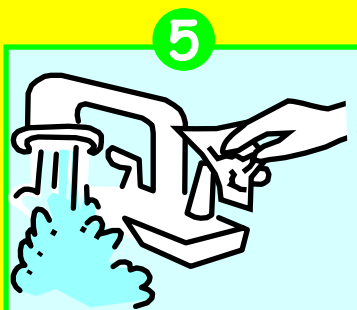
Rub your hands back and forth for **20 seconds**.



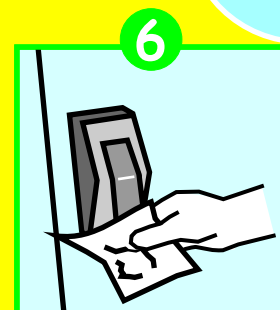
Rinse with **warm** water.



Use a **paper towel** to **dry** your hands,



turn off water faucet,



and **open door** to leave.

Or clean with **alcohol-based** hand cleaner.

