



Join us Sept 15

AT 12:00 P.M.



Be Well for families

Our Be Well Coaches will guide you through a 6-week group health coaching series to improve your unique wellness journey for you and your family.

Be Well El Paso believes in helping individuals and families move toward a balanced lifestyle using a holistic approach to health. Here is what you can expect:

- Learn practical solutions for the whole family
- Learn time saving ideas to simplify your life
- Get support from a Certified Health Coach trained to help you identify and reach your health goals

[CLICK HERE TO REGISTER ONLINE](#)



For questions or more information,
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