



CISD's STUDENTS HEALTH ADVISORY COMMITTEE MINUTES

Date: 11-07-2023

Time: 9 AM - 10:30 AM

Facilitators: Mrs. Margarita Flores & Ms. Idalia Valdez

In Attendance:

C&I Secretary, District Nurse, PE Coaches, Health Teachers & Parents

Minutes by:

JaiLynne Cho

Secretary of Curriculum and Instruction

Notes:

Introduction of speaker - Margie Flores

First formed clinicals and testings for COVID with other safety and health concerns for the districts and community.

Agenda: Overview

- House Bill 1525
- Sex Education / Abuse Prevention
- Curriculum textbook for health

What is it? Council of parents and community members appointed by the school board to serve at the district level. Members come together to make decisions on policy making on health curriculum. Texas law requires the establishment of SHAC and meet four times in the school year. Partnership with project VIDA.

Mental health is also a point that is being looked at through Project VIDA. They offer counseling specifically for students wellness with Ms. Bailon, Director of Guidance and Counseling.

Eight tiers for SHAC - Nutrition services, PE, Health education, counseling & Support, health school environment, health promotion for staff and Family/Community involvement.



Committee Duties - guide the district on the decisions..

Ms. Valdez is the District Lead Nurse and point of contact with Project Vida. Her office is located at Ricardo Estrada Middle School and occasionally works out of the district's Central Office.

Surveys are being handed out for the parents to make suggestions of what should be included in SHAC meetings. This committee is for the BEST interest of the students/children.

Textbook adoption- Dec. 8, 2022 newest and expires Dec. 8, 2030. The book is the most current for health information. Texas enforces abstinence and is emphasized in the curriculum as a preferred choice to all sexual activity for unmarried persons of school age. Areas also being taught include STDs and Autoimmune Diseases.

A supplemental textbook is provided for students who have parent consent to learn the specific lessons in human sexuality curriculum.

Consent Forms - are given out to parents 14 days before the lesson is taught. Parents are able to opt out of the lesson for their child. Consent forms are auditable by TEA. Health teachers were informed they are NOT to teach on sex education until the lesson is given ahead of time to both parents and teachers prior to the consent forms. Consent forms were sent out through the counseling department, supplemental textbook is given and approval from the curriculum. Some lessons also include human trafficking awareness. Different forms at different schools?

Google Drive will be created for all PE/Health teachers to have the forms accessible to them.

Lessons were NOT taught last year because there was no approval/communication from the district level to the secondary campuses.

Suggestions from parents:

- parents who do not speak English - Translator?
- change in times for some of the meetings for parents who can participate in the evening?
- All call for when the consent forms are sent home. Students do not always give the parents/guardians the forms.
- Consent forms accessible on Skyward to fill out? For Next school year, this will be part of the registration packet and custom forms. Call out will be made 14 days prior to the lesson in case parents decide to change their minds about the lesson being taught.
- Watch a video on Skyward in both languages and consent to after watching the video? (similar to the device usage and agreement videos)



Abuse Prevention - Local policy eHAA

- Family violence
- Dating violence
- Sex Trafficking
- Child Abuse

District personnel are **REQUIRED** to report any suspected abuse to children. A major topic is dating violence. The district does have to address it in the curriculum because of situations that are brought up by other students. There are consent forms for Dating Violence lessons and will also be sent out 14 days prior to the lessons to parents.

Counselors are usually teaching the lessons for dating violence and provide the resources needed for the students, if they ever find themselves in this situation.

Review will be done with counselors and the curriculum department to double check on the lessons and consent forms.

Q & A:

Teachers - always concerned with the fitness gram because they need to enter the data early, but the program/software ends up not working or being compatible. Split semesters.

Fitness Grams - physical assessment test that is required by the state to check the ability of the students. All data gets submitted to the state.

Teachers - Training on how to use the programs/software because sometimes the information for the program is given 4 days before the data needs to be submitted. Not consistent.

Every student needs to be tested; it can be done twice a year or once a year. It is to the teacher's discretion.

Parent - what happens if the student fails - there is no pass or fail, it is just checking how much they can do.

Parent - Nutrition - new company, lower grades eat too early in the morning and don't get to eat until they get home again. Fought for snack time and approved but only for the child's class, not the whole school. Advocating for all elementary campuses to still get snack time after lunch. Even if parents have to provide the snacks.

Parents - what does a child eat for lunch - website is super confusing, where is the menu, can we get paper menus or fix the confusing website. - Nutrislice is an app that can be used but not all campuses are listed.

Parent - Nutrition - vendor machines at the HS, are there actual nutritional items that are there or are we only providing the quick sugar rush?

Mr. Villalobos will be coming in to present in the next meeting.



Vending machines have juice and water but are only available after school hours. Students are not allowed to purchase during school hours. Vendor machines are turned off.

New vending machines will be installed with alternative lunch items for students who are not able to get lunch because of school activities.

Parents- student's burrito was confiscated in the morning at the HS. The parent asked why it was confiscated, is there a policy that students cannot bring food? The secretary informed the parent the food cannot be visible?

Parents- HS student - eats lunch but is still hungry. Students were not able to purchase a second lunch. Why?

There is a share table available because we have to follow the nutritional guidelines from the TX depart. of Agriculture.

Parents - what happens with the leftover food that is untouched in the classrooms? Are we able to give that to the community in need?

PE classes save the food for the kids throughout the day. It's usually gone by the end of the day. Elementary included.

Parents/Teacher - Teacher portions for lunch? I teach Pre-k and they gave me the same portion of the Pre- K students.

Parents- students are athletes, no dinner is provided for the students when they have game days (some campuses). How are they supposed to eat? HHS does not allow outside food. The only way they eat is if the coach requests money from the parents through a cash app so food can be bought.

CNP used to provide the snacks to students, but the items were not wanted by the students.

Parents - More parent engagement for Wellness Wednesdays or fFitness Friday.

Parents - Suggestion - bring more HS teachers and coaches to the meeting.

Substitutes will be needed in order to invite more teachers.

Next Meeting:

January 18, 2024

9 AM

Board Room (700)

There might be another meeting prior to go over the lesson plans for the Sex Education curriculum and review the supplemental textbook.