

SHAC

Clint ISD S.H.A.C. Minutes

Date | time May 20th @ 9:00am | *Meeting called to order by* Akeia Oliver

In Attendance

Marcos Flores, Diego Gomez, Armando Moreno, Alex Gandara, Laura Torres, Luz Waters, Valerie Brandon, Cristian Ramirez, Kimberly Rodriguez, Dario Nevarez, Eric Martinez, Stephanie McCoy, Toni Sustaita, David Godinez

Welcome

The meeting was called to order at 9:07 with brief introductions and a welcoming of all members to SHAC.

SHAC Information and Updates

Ms. Oliver provided an overall presentation on the elements of SHAC for all participants. The presentation included required SHAC activities, SHAC memberships. Ms. Oliver continued to share a detailed account of the components of SHAC to include:

- a. Health Education
- b. Physical Education
- c. Health Services
- d. Nutrition Services
- e. Counseling, Psychological, and Social Services
- f. Health School Environment (Physical Environment)
- g. Health Promotion for Staff
- h. Family and Community Involvement

-Ms. Oliver announced a reminder that in this meeting we are emphasizing the family and community involvement and engagement in community resources.

School Nutrition

The School Nutrition department in Clint ISD provided a presentation on Child Nutrition. The presentation began with introductions of Ms. Toni Sustaita and the cafeteria manager of Horizon High School, Ms. Mayra Hernandez. Child nutrition wanted to include everyone in the menu planning process. CN explained how the menu planning process works and solicited input and clarified questions.

- For Clint ISD this organization offers a full salad bar at all grade levels. K-12.

- We do feed early head start and head start students as well, however, their diet is controlled by Region 19.
- K-5 are offered at least two choices. This means students are able to choose from two items for the day
- Middle school gets 5-7 choices on their menu. Their options are listed on the district website and are available on the app Nutri-slice as well.
- High schools have the best menus and offer 8-10 choices a day and originate from the concepts our company offers.
- Ms. Mayra Hernandez asked a question, “what do you see on the salad bars for high schools?”
 - No one has tried the salads.
- Ms. Mayra Hernandez clarifies that there are salads, salad mix, cucumbers, watermelon, seasonal fruits.
- Ms. Mayra clarifies that students can have all you can eat salad bar and staff are welcome to buy salads.
- Sometimes there are special occasions where we offer themes for holidays such as Cinco de mayo salads
- All salsa is made fresh and not from a can.
- Ms. Sustaita mentions, when students get a meal they are able to choose a fruit of vegetable that goes on their plate. Students can get as much fruits and veggies that they would like. We do not tell them no.
- We would like to offer more options and allow students to try new things. For example, Philly steak, Good Pho You, The Red Dragon, Ono Hawaiian. For example, the Red Dragon is similar to Panda Express but a healthier option. We try to make it fun and inviting for the students.
- Other concepts we offer right now are Adobe Grill, Ball Park, the Delicatessen. There are also pre-made Southwest salads.
- We invite you to come and eat. The students are more inclined to eat when they see the adults enjoy it as well.
- We try at least 4 different concepts every day. For example, we will pick one or two items from the ballpark menu and one option from the Adobe grill option and one Red Dragon option for our middle and high school students every day. It is like a food court option.
- I believe Pho is popular with the students this year. It is pasta with items like bean sprouts. We are trying to push the Good Pho You Vietnamese option. Do you think the Pho is something good to try? Maybe we could pick a Vietnamese holiday and advertise it that way.
 - The consensus is yes.
- We are open for opinions. What do kids talk about? If they had open campus where would they go to eat? We need to be comparable to the foods the kids would like to eat.
- Good food is the foundation of genuine happiness.
- Any questions or concerns?

AgriLife Extension

Ms. Luz Waters is one of 8 agents that represents Texas AgriLife Extension. She shared contact information of all 8 agents with a summary of what each agent does.

- We teach students the importance of nutrition and why they should choose certain types of foods and physical activity.

- AgriLife extension is a way to be part of the Texas A&M University Life Sciences center and our programs are federally funded through the USDA
- We have 250 county extensions offering services in 254 counties with a headquarters in College Station.
- They lead local advisory committees established in each county that drives educational programming that best meets local needs.
- Ms. Luz shared there are approximately 100,000 employees and trained volunteers that lead community activities and services that their local communities want.
- In El Paso County we have AG and Natural Resources, family and community health, 4-H and Youth development, Economic and Community Development. Ms. Luz shared contact information for the directors of all aforementioned departments.
- There are three aspects of the development and delivery process. Vital to this success of the Extensions program is the network of educators and volunteers, collaboration with other agencies and organizations, and the involvement of the local community. Extensions unique structure consists of university faculty members and local educators. Campus based faculty members and advanced degrees with primary responsibility is to develop curricula that translates science-based research resulting in programs appropriate for target audiences. County based educators work with local communities to determine the educational need and serve as trusted resources for information.
- By living and working in communities we are able to quickly respond to local needs and engage with the local community
- The mission of AgriLife is to provide quality, relevant education and service to Texans: Nourishing our world, enriching our youth, improving our health, protecting our environment, and growing our economy.
- Ms. Luz explained the Agriculture and Natural Resources program and what it provides.
 - We have programs for livestock. They work with farmers in the area. There is a program called kids cows and more. It occurs the week before spring break. It is a week-long program at the coliseum and schools take field trips and learn about livestock, cotton and pecans. In this manner kids can see where their clothes and milk come from and how its processed and made.
- Enriching our youth offers hands on experiences that help students develop leadership and life skills among all ages.
 - 4-H clubs can bring agriculture, life stock, family and community health, natural resources, STEM, performing arts and photography.
- Improving our health program consists of three main portions: Family and community health, Better living Texans, and expanded food and nutrition education.
 - Family and community health unit helps Texans better their lives with educational programs to improve the overall health and wellness of individuals families and communities. They focus on child and adult health, nutrition, financial management, passenger and community safety, and building strong families.
 - Better living for Texans offers a variety of research-based nutrition education programs and information to supplemental nutrition assistant programs, SNAP participants and program eligible persons.
 - Expanded food and nutrition education program is extensions flagship nutrition education program that provides food and nutrition education to vulnerable limited resources families and youth. Trained educators teach basic nutrition, food safety, shopping on a budget, and food preparation skills using easy to understand materials.

- This year we collaborated with Clint High School and their PE class. It worked very well and the students were one of the best that we have worked with as far as behavioral and participation. We like to go into schools to teach the students, but also provide information to parents so that they are both getting the same information. We did try to complete classes with the parents of CHS, however, we had no participation with the parents.
- We show students different simple recipes that they can take to their families. For example, we have done the yogurt parfait, cereal mixes, and ramen noodle skillet meals. We also provide the education of snacks they should be eating and physical activities. Parents get the same education however, we add in how to budget. This is handy as prices are increasing for groceries.
- Our program is TEKS approved for PE, science and health.
- We offer 6 lessons for the youth. We can offer our services once a week for 6 weeks.
- Better living Texans does offer a gardening class. Please contact us and we can see what kind of class we offer and how we can make it work for your class.
- Our community and economic development program offer resources and assist limited resources families and individuals to pursuit of increasing their standard of living.
 - They are an entrepreneurship community program and government assistant programs. They provide training and technical assistance to small scale agriculture producers and small businesses that support profitable and sustainable business operations.
- Our summer programs for this year are Young Heroes Camp. This camp is for ages 8-18. This is a program for the youth of Army soldiers currently deployed, recently deployed or deployed within 6 months. This will be at Fort Bliss July 11-13. Please pass these out to your students that you know are military.
- Another program is Ascarate Children's Gardening. This occurs June 4th from 9-12pm. There will be teaching and demonstrations of gardening. Here you would learn about herbs, pollinators, seeds and plants. This event is free to the community.
- If you have a group of children and would like to get a program going, please let us know and we will get it together.
- If you would like to schedule us for the following school year, please call and book us now so that we can schedule us in your schools.

Project Vida

David Godinez is the co-chief program officer for school based integrated health. Pamela Ponce is the other Co-chief for school based integrated health with Project Vida.

- Mr. Godinez states that he is here to share what they are doing with our schools.
- Project Vida is a non-profit organization whose mission is to foster fully integrated primary and preventative care that is culturally and personally welcoming, evidence based, and patient empowering.
- They offer pediatric, dental care, behavioral health, health education, and social services.
- The approach toward health recognizes that health is not just your physical, but your overall wellbeing. We acknowledge that factors such as your environment, finances, family situation, mental, emotional and physical health that affect your wellbeing.
- We are providing these services in the school setting. We have partnered with school districts such as Socorro since 2015, and two years ago we signed with Clint ISD to provide primary care

services. We are working with East Montana Middle and Mountain View High School. We have since expanded to include two more campuses.

- Ms. Ponce shared that Project Vida is providing age appropriate mental health services for our two campuses.
- These services are offered on site and can access these services and are pulled out during an elective class.
- There are a group of 3 individuals work inside the schools at all times. The three individuals are the Navigator (case manager), the outreach Facilitator (relationship building, logistics and SEL education), and Therapist (clinical counseling and early intervention).
- Referrals work by accepting referrals from school counselors. If you are a teacher, coach, admin or parent, you can recommend for a student to receive services and the counselor can make that referral. The counselor will give this form to the navigator and the therapist determines the frequency in which they need to see the student.
- Program sustainability is important so that the program does not go away once funding ends. The services are not free. Project Vida accepts most major insurances and Medicaid. Project Vida does not deny services to anyone due to their inability to pay. If you do not have Medicaid, we can assist you in applying, however if you apply and do not qualify, we can give discount programs based on income.
- We have primary care Telehealth. This program is only offered at Clint.
- Mr. Godinez shared how the primary health program works via video.
- As you saw, this device is placed in the nurse's office to provide evaluation, diagnosis and treatment. We also have a navigator (access case management), a pediatric care coordinator (manages the device, care coordination), and a pediatric nurse practitioner (primary care pediatric services).
- The first phase consists of consent forms. When students visit the nurse, they will view the database to see if they have consent to receive Telehealth services.
- Mr. Godinez shared a list of treatable symptoms. If students are contagious they will be sent home, if not, the student can be treated on site.
- Over half of the students that visit our nurse are sent back to class rather than being sent home. This is beneficial to everyone as they are not missing class unless super necessary.
- Project Vida is a community- based organization. Your feedback allows us to know what we should do to best provide for this community. Please complete this form and share the needs you are observing in your school district and how do you see Project Vida supporting your district in addressing those needs.
- There was a question from a teacher, "I was wondering if we have the equipment you displayed already on campus for the primary care health?"
- Mr. Godinez says we do have this we delivered these services after spring intercession.

TX Say What Summit

Our student Kayla from Clint Early College Academy is an ambassador for TX say what summit.

- Ms. Oliver shared that the summit occurred on a Saturday around spring break at the El Paso Zoo. Student ambassadors presented information about student vaping. This is student led activity.
- Ms. Oliver shared a recording of information presented at the summit.

- Ms. Oliver shared a recording of our student, Kayla, at work as an ambassador.

SEL/PBIS

Ms. Luevanos asked Ms. Oliver to share a flyer about our mental health month.

- Please wear your green ribbon pin. This represents #BreakTheStigma.
- Ms. Oliver also acknowledged resources for individuals that may need mental health resources or services.
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Textbook Adoption

Ms. Oliver shared updates on the Health Textbook adoption.

- The timeline was changed at a previous meeting.
- We need the votes for the textbook adoption to be approved at the next board meeting.
- We were originally scheduled to have a board meeting May 19th, however, it has been changed to May 26th.
- After this date, we can purchase textbooks and train our teachers.

•Wellness Plan

Every 3 years the wellness plan must be revised. We did complete the tri-annual update. As of now, we are in the process of waiting for a mandate to be passed. Once it is passed, all information will be submitted at one time so that everything can be processed at the same time.

Meetings 2021-2022

There are no future meetings scheduled at this time.

Closing

Thank You