
Date | time February 25th @ 9:00am | *Meeting called to order by* Akeia Oliver

In Attendance

Marcos Flores, Diego Gomez, Jessica Frausto, Carlos Villalobos, Tina Sustaita, Laura Torres, Valerie Brandon, Eric Martinez, Alejandro Gandara, Margarita Flores, Deborah Luevano, Kristen Ortega, Stephanie McCoy, Gethsemane Acosta

Welcome

The meeting was called to order at 9:18 with brief introductions and a welcoming of all members to SHAC.

SHAC Information and Updates

Ms. Oliver provided an overall presentation on the elements of SHAC for all participants. The presentation included required SHAC activities, SHAC membership, and thanking the new parents in attendance. Ms. Oliver reminded those in attendance that parents are vital to the success of SHAC. Ms. Oliver continued to share about the components of SHAC to include:

- a. Health Education
 - b. Physical Education
 - c. Health Services
 - d. Nutrition Services
 - e. Counseling, Psychological, and Social Services
 - f. Health School Environment (Physical Environment)
 - g. Health Promotion for Staff
 - h. Family and Community Involvement
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School Nutrition

The School Nutrition department in Clint ISD provided a presentation on Child Nutrition. The presentation began with the introduction of Mr. Carlos Villalobos, Director of Child Nutrition, and Toni Sustaita, interim General Manager. Ms. Sustaita was a cafeteria manager at Frank Macias and has been awesome! We brought French Toast –the type of items we provide for our students.

Meal participation by campus- Mr. Villalobos:

- HIGH SCHOOLS: Horizon high has the highest enrollment with 1657; MVHS is second with 816; CHS is third with 730. The highest lunch participation is 684 and the lowest is 570 for HHS. MVHS highest lunch participation is 463 and lowest is 336. CHS highest lunch participation is 447 and lowest is 343. The department has seen trends of students getting sick with COVID and that impacts participation numbers (January). With COVID cases decreasing, the department should see an increase in participation.
- ELEMENTARY SCHOOLS: Frank Macias has the highest enrollment with 981 students. The highest meal participation day was 796 and the lowest was 726. The participation numbers are more consistent in elementary schools and maintain a higher participation, when compared to the high schools. CTW has an enrollment of 652 students and the highest meal participation day was 500 with the lowest being 475. DHE has an enrollment of

871 students and the highest meal participation day was 623 and the lowest was 565. RSE enrollment is 621 and the highest participation day was 525 and the lowest was 471. MVE has an enrollment of 505 and the highest meal participation day is 371 and the lowest is 346. Their numbers are a little bit lower. The department is trying to work on some ideas to increase participation. WDS has an enrollment of 916 students with 722 being the highest meal participation day and 709 being the lowest day.

- The number of lunch meals served in the month of January was 122,629. The department is proud of this number!
- The department has been short staffed in the cafeterias lately. The office staff have even been helping in the schools' cafeterias to counter the staffing shortage. Mr. Villalobos served a few days at HMS. He stated that he has a new respect for everything the cafeteria staff is doing! They are doing miracles at campuses every day with very few people in the kitchens.

Meals Updates- Ms. Sustaita:

- A new item that the department has is Kellogg's graham crackers. The kids are really after these packaged treats –another trend that the department is seeing. This is something they are working on for breakfast. Due to shortages, the department is serving the same thing right now –such as muffins –but these are circumstances beyond their control. The graham crackers are something new, and hopefully, it will get students excited about breakfast again.
- There are food shortages everywhere around the country. Clint ISD is no exception to this. Child Nutrition has had major shortages in breakfast items. Today, there is a shortage of pizza crust. Therefore, the department will have squared pizza crust because of the shortage of round pizza crust. Other than this lunch item, the rest of the shortages are breakfast items: cereal bowls, mini pancakes, waffles and French Toast and Pop Tarts.
- At an identified campus, students are having breakfast in the classroom to increase participation.
- General Mills went on strike. This put extra pressure on Kellogg's and, therefore, ran out of items. They will not be caught up with demands of cereal bowls, mini pancakes and waffles until fall of 2022. Pop Tart demands will be met in March of 2022. There are formal letters of the shortages.

Chefs Schedule:

- The chefs employed by the department's management company create their own recipes. The department is lucky to have Chef Marcos, and many have already tasted and enjoyed his salsas and empanadas. Chef holds nutritional events around our campuses. Elementary schools have the "roving chef", in which students bake items, have a tour, and cook an item for the day. Students have an opportunity to dress up like a chef and receive a certificate of completion.
- In middle schools and high schools, Chef Marcos holds carne asada cook-outs. These are open to Clint ISD teachers and all individuals on campus for purchase. If the high schools are holding a special event, the Child Nutrition department can support that special day. Please share your ideas with them and they will do their best to accommodate your plan.

Recap/Closing- Mr. Villalobos:

- The department has looked at surveys of items the students like to eat at elementary, middle and high schools. If you would like to do something special, please email Mr. Villalobos so that he can give our students the best! Questions or Feedback on cafeteria or menus?
 - Ms. Frausto- "I want to mention that we have a lot of involvement with CNP. They have helped us at CECA with the fruit. We recently had a hot breakfast with pancakes and fruit, and it was awesome. I literally asked and they figured it out."
 - Ms. Villalobos- "Thank you, Coach. Yes, she reached out and we made it happen for them. If you would like us to do something with your campus, let us know!"

Kristen Ortega works with The Paso Del Norte Tobacco Control Network and Gethsemane Acosta works with Aliviane prevention team. This team works to create presentations for teens and families about abstaining from doing drugs. Ms. Ortega reviewed the tobacco-free policy. We have made recommendations, and we will see what works for the district.

- In 1997, there was 1 of every 4 teens smoking; In 2018, there was 1 of every 20 teens smoking; now, we have 1 in every 5 students vaping.
- Most e-cigarettes contain nicotine, which is highly addictive. Nicotine affects brain development. Brain development does not stop until age 25. Any drugs are going to impact brain development.
- Addiction itself can drive undesirable behaviors or consequences.
- E-cigarettes are battery powered devices and can deliver nicotine and flavoring to the user in the form of aerosol.
- Ms. Ortega and Ms. Acosta showed images of how e-cigarettes work internally.
- When individuals are vaping, the particles are so fine that they are imbedded in the lungs easier than regular cigarettes because the vapors are so fine.
- 1 pack of cigarettes has 20 cigarettes and 8 mg of nicotine, but only 1mg is inhaled. The JUUL pod has 0.7ml of nicotine and 5% of nicotine by volume, which is the equivalent of 20 cigarettes. The PHIX pod has a 1.5ml pod that contains 5% nicotine by volume, and it equivalent to 40 cigarettes. The Suorin pod has a 2ml cartridge and 5.4% nicotine by volume. This is equivalent to 60 cigarettes.
- The problem is that students are buying the JUUL pods or disposable pods, and they can vape an entire pod in one day, which can cause nicotine toxicity. This means students can overdose on nicotine and that may lead to seizures and strokes. JUUL pods are popular with middle schoolers.
- THC is a marijuana concentrate and can range from 40 -80% concentrate amounts. This is 4 times stronger than regular marijuana
 - THC can impact brain health, mental health, athletic and driving performance.
 - THC is a felony charge.
 - In 2017 there were 8 felonies for THC;
 - in 2018 there were 8 felonies for THC;
 - in 2019 there were 98 felonies for THC;
 - in 2020, during the pandemic when children were home, there were 169 felonies;
 - in 2021 there were 278 felonies for THC.
- As of now, _____ are set to surpass this number according to the district attorney.
- Ms. Ortega and Ms. Acosta showed images of how e-cigarettes look and can be identified externally and modified.
- Ms. Ortega and Ms. Acosta shared how students may be buying the e-cigarette devices.
- Ms. Ortega and Ms. Acosta shared how to recognize the signs of vaping and e-cigarette use.
- Ms. Ortega and Ms. Acosta shared tips for talking with teens and additional resources about vaping and smoke cessation.

Eva Olivas works with the American Heart Association.

- Clint ISD is ahead of the trend and has almost everything already listed in the policy.
- Ms. Olivas shared implications and key recommendations for Clint ISD tobacco policy
 - A holistic approach
 - Integrate education about tobacco
 - Supportive approach for students caught vaping or using other forms of tobacco with cessation resources.
 - Less punitive and more intervention approach
- Ms. Olivas suggests:
 - *The tobacco products to be defined and include e-cigarettes and other new products*
 - Prohibition of use by all students, staff and visitors
 - Industry influence is addressed
 - Discipline is designed to keep students engaged in education and address tobacco use
 - *Support is available for all students who want to quit*

Ms. Olivas mentions the water access policy that the district may want to consider.

- Schools would install water bottle filling station to all newly constructed schools and schools undergoing major renovations to have these stations.
- COVID protocol was the initial point of installing these types of systems; however, this pertains to all new builds and ensures students have access to water during the school day.

Action for Healthy Kids

- Wellness suggestions/modifications- Michelle Smith
- Action for health kids works on child health, healthy learning environments, policy analysis, and finding resources to support the work of districts. Ms. Smith supports AFHK and school districts by conducting the policy analysis and the school health index.
- Ms. Smith shared wellness policies in general, new laws passed around human sexuality instruction and the role SHAC plays in this policy.
- Ms. Smith shared where the district can find our wellness policies and explains the difference between the legal, local and regulation documents.
- Ms. Smith shared a WellSAT. The WellSAT is a quantitative assessment to help score and improve the local school wellness policy.
- Clint ISD is one of the top districts in the El Paso region because our policy is thorough and includes the following:
 - Strong nutrition education policies
 - Allows sufficient time for students to eat meals
 - Strong policy on fundraising activities
 - Requires middle and high school students to complete a health course
 - Insures the physical education curriculum promotes proper nutrition and exercise
- Ms. Smith shared the new laws passed last session that impact SHAC:
 - All districts are required to adopt a policy for reviewing and adoption of materials for human sexuality instruction.
 - The board must take action based on SHAC recommendations and parents must be notified each year about what curriculum the district will be offering.
 - This was already in place but the process has changed.
 - The board NOW must adopt a resolution by convening the SHAC and then reviewing and determining the appropriate curriculum.
 - The SHAC must hold 2 public meetings to discuss that curriculum.
 - The SHAC will submit their recommendation to the board for review and action. Once approved, parents must be notified at least 14 days before instruction is planned
 - It is an opt-in process—previously it was an “opt out” process to not participate.
 - The bill that outlines the new laws is House Bill 1525-Human sexuality instruction:
 - SHAC must hold 2 public meetings before providing recommendations at a board meeting.
 - Public meetings must post notice of the date, hour, place and subject 72 hours prior.
 - Meetings must be audio and video recorded and minutes must be maintained.
 - Meeting recordings and minutes must be posted on the district website within 10 days.
 - This is the process for ALL SHAC meetings.
 - Requires Opt-in.
 - This cannot be included with any other notification or request for written consent.
 - Curriculum materials must be made available on public domain.

- If the materials are copyrighted materials, parents must be able to review the material on campus, purchase the information from the publisher or review the material in a secure electronic account.
- Ms. Smith shared the abuse prevention instruction requirements
 - This process is the same as the human sexuality instruction mandates.
- Ms. Smith shared key differences between HB 1525 and SB9
 - HB1525 is effective 9-1-22.
 - SB 9 is effective 12-2-22.
 - HB 1525 requires that the notice concerning instruction in human sexuality required to be sent to parents includes a general schedule on which instruction will be provided. This requirement is absent from SB9's notice requirements.
 - SB9 requires the board to determine the specific content of the instruction on abuse prevention in accordance with the subchapter, including the essential knowledge and skills addressing these topics developed by the State Board of Education. The language concerning the essential knowledge and skills from the State Board of Education is absent in HB 1525.
- Ms. Smith shared the instruction on Abuse, Dating Violence, and Sex Trafficking Prevention
 - The district must add reporting procedures and guidelines to its dating violence policy, including a parent notification procedure.
 - The dating violence policy *may* be found in the district improvement plan.
- Ms. Smith shared resources and her contact information.

COVID 19 Protocol/Updates

Ms. Flores is the director of administrative support for Clint ISD. Ms. Flores supports the COVID taskforce.

Ms. Flores shared the updates concerning COVID 19.

- Clint ISD has had Saturday clinics at FME and will continue to do so.
- Clint ISD has had 250 individuals test every Saturday. This number is decreasing!
- Clint ISD had started drive-thru testing on Sundays at HHS, but there was a low turnout. Since Clint ISD is in a partnership with Innovative GX labs, it was determined that Sunday was no longer a good day to test individuals due to the low turnout
- Clint ISD will continue to offer and promote COVID vaccines.
- At REMS and from 9 a.m. - 12 p.m., Clint ISD is holding drive-thru vaccines through the partnership with Immunize El Paso

Ms. Flores gave a recap of the district's efforts to continue battling COVID:

- Recommendation of wearing face mask
- Following social distancing measures at all campuses
- Testing and promoting vaccines

Ms. Flores shared that we are expanding the nursing personnel

- Due to COVID, the district has needed to add two new positions:
 - Float Nurse
 - Lead Nurse
 - Clint ISD just hired a nurse for CECA!
- The district will also continue to work and establish partnerships for training purposes with the following:
 - El Paso Children's Hospital
 - Prevent Blindness Texas

- Western Governors University

Ms. Flores shared information learned from a training offered for diabetics

Ms. Flores shared the dashboard revealing the number of students who have been active with COVID from July 26 through today. As of today, we have 5 active cases out of a total of 10,000 students.

SEL/PBIS

Ms. Luevanos introduced herself as the SEL/PBIS coordinator. Ms. Luevanos shared the SEL vision statement is to “provide a safe home-away-from-home in our school communities, focusing on heart first. We prepare all students today for tomorrow by providing intentional social, emotional, academic and career education.”

Ms. Luevanos shared that she is a parent of 3 and that Clint ISD wants its kids to feel safe (i.e., embraced and hugged at the door in our school).

Ms. Luevanos shared the information about the SEL framework.

- The SEL framework consists of 5 components: self-awareness, self-management, social awareness, relationship skills, and responsible decision making.
- At every campus, Clint ISD has a SEL/PBIS teacher, and they focus on providing SEL lessons every week for students.
- At RSE, students experienced a resiliency lesson that included empathy and kindness.

Ms. Luevanos provided updates on the district’s counselors and community coordinators.

- Clint ISD has its counseling staff and has hired more counselors recently.
- Clint ISD has community in school coordinators at each campus. They help with food pantries, clothing items, attendance parties, and academic support.

Ms. Luevanos shared the concept and structure that defines PBIS.

- PBIS deals with positive behavioral interventions and support, and is part of the SEL initiatives and vision
- PBIS reinforces and focuses on positive behaviors and teachable moments when wrong choices are made.
- When kids are doing the right behaviors, students are rewarded with PBIS reward points.
- This assists our staff and classroom management and being happier overall.

Ms. Luevanos shared the overall outcome of SEL and PBIS is healthy heart =healthy mind. Studies show it is tied directly to academics.

Ms. Luevanos had all individuals in attendance have a partner reflection moment to share what “we are grateful for.”

- Response 1: Grateful for waking up today
- Response 2: Grateful my daughter was ready for school on time, and I didn’t have to yell

Ms. Luevanos shared an app for “SELf-care” and recommended an app for 10 calm minutes a day.

Textbook Adoption

This year, Clint ISD is undergoing a textbook adoption for health books only. In November, attendees were informed that Clint ISD would need to create a committee of health teachers and parents who would like to volunteer to help with the adoption committee. That committee has been created and is ready to submit to the board. The organizer switched the order from the last time it was presented. The meeting with the textbook publishers will occur first.

Mr. Littlejohn is to meet with the textbook publishers to discuss textbook adoption guidelines. For the March board

meeting, it is hoped that the textbook adoption committee will be approved. In April, the district is looking to train its teachers in the adopted textbook.

Meetings 2021-2022

The district's last SHAC meeting is scheduled for May 20th.

Closing

Thank you to guest speakers, Ms. Ortega, Ms. Olivas, and Ms. Acosta, Ms. Smith.

Thank you to Clint ISD speakers Mr. Villalobos, Ms. Sustaita, Ms. Flores, and Ms. Luevanos.