

Date | time November 19th @ 9:00am | *Meeting called to order by* Akeia Oliver

In Attendance

Manuel, Chavez, Jessica Frausto, Kimberly Rodriguez, Benjamin Vega, Armando Moreno, Darlo Nevarez, Elisa Ortegon, Carlos Villalobos, Laura Torres, Filiberto Torres, Valerie Brandon, William Swanson, Eric Martinez, Sylvia Luevano, Vero Ramirez, Katherine Ames, Kristen Ortega, Andrew Dyer

Welcome

The meeting was called to order at 9:10 with brief introductions and a welcoming of all members to SHAC.

SHAC Information and Updates

Ms. Oliver provided an overall presentation on the elements of SHAC for all participants. The presentation included required SHAC activities, SHAC membership, and thanking the new parents in attendance. Ms. Oliver reminded those in attendance that parents are vital to the success of SHAC. Ms. Oliver continued to share about the components of SHAC to include:

- a. Health Education
- b. Physical Education
- c. Health Services
- d. Nutrition Services
- e. Counseling, Psychological, and Social Services
- f. Health School Environment (Physical Environment)
- g. Health Promotion for Staff
- h. Family and Community Involvement

-Ms. Oliver announced a reminder that we invite members of the community into our SHAC meetings to seek approval to speak to our campuses.

School Nutrition

The School Nutrition department in Clint ISD provided a presentation on Child Nutrition. The presentation began with introductions of the Director, Mr. Carlos Villalobos, assistant general manager, Alyssa Ortegon, head chef Mr. Marcos, assistant chef Erica, assistant general manager, Mr. Acosta.

Prior to presenting the PowerPoint, the department discussed nationwide shortages of food items due to supply issues. We had a shortage of chicken and now the chicken is coming in. The department mentioned bringing in foods from different cultures to increase exposure to different foods for our children. New menu items are being created and placed on menus by the dietician, Mr. Victor. High schools have 8-9 menu options

per day. Elementary just experienced smoothies, which is a reimbursable meal because it has fruit, milk and gram crackers which makes 3/5 components necessary to be a reimbursable meal. They will also experienced fruit parfait and tomato basil wrap after Thanksgiving as well as Italian chicken pasta primavera. Middle schools have chickpea marinara which is a vegetarian option. The goal is to have one vegetarian option per campus per day. In middle school available foods include: fish nuggets, loaded Navajo tacos and Mediterranean salad. High school options include a turkey, sausage, egg, and cheese breakfast panini. In December there will be a brunch day that will offer students food items such as chicken and waffles and the aforementioned breakfast panini. Other food selections include: chicken tender sliders, veggie ranch wraps and chorizo pulled pork street tacos. The nutritional options available align with the food trends that are going on right now. SFE creates the recipes and imports these into a system called TITAN to ensure strict nutritional values are met.

Input: Students are wanting more warm food and less packaged food.

Response: We have a shortage of cafeteria staff and due to COVID packaged foods were the standard.

Maybe we could rotate to accommodate both student and staff needs and demands.

Input: Students want breakfast in the cafeteria again. Can we do that?

Response: We can speak to the campuses and it's a matter of logistics but yes, it can happen.

Input: Thank you for the meals during the pandemic. It was awesome

Response: You're welcome, it was a team effort between transportation and SFE.

Child nutrition is trying to get back to the pre-COVID fun (i.e like having the cookouts). Please send a text or call to Mr. Villalobos to inquire about doing cookouts for your campus. CECA has planned their cookout. The last cookout was at Desert Hills Elementary. There was a large spike in lunch participation, 100%. This is at no cost for the campus as it is the equivalent of eating in the lunch line.

A program, in partnership with SFE, called the Roving Chef is at all Elementary schools. All elementary schools actively participate and there are 15-20 select students that get a personal cooking class. The goal is to possibly bring this to middle school and high school next year.

A program called the Farmers Market is being conducted at all schools. Chef Marco obtains a lot of different fruits, the children aren't usually exposed to, places a little informational card on them, and students try them. Students are educated on the importance of eating healthy.

A program called Fruit Fiesta is where a fruit spread is available and students get fruit and yogurt. CHS, MVHS and REMS will have their fruit fiesta December 3rd.

Meal participation in high schools for the month of October

- Breakfast participation was low this month. Lunch participation is higher because they will offer surveys for lunch incentives (i.e. ice cream, baked chips). 65% is the ideal number for participation in breakfast and lunch. It is believed that for some campuses, breakfast times may be late and contribute to low lunch numbers because the students aren't quite hungry by lunch time.
- Middle school breakfast is low this month.
- Surveys this month yielded favorite food is pizza and least favorite veggie was broccoli. We will need to find ways to make broccoli more desirable (i.e. cheese).
- Lunch for students attending UTEP and EPCC will begin again this spring.

Children's Oral Health

Dr. Andrew Dyer gave a brief introduction of himself and a reminder that he has been a member of CISD partners in education since 2012. Dr. Dyer's presentation emphasized the 4 life stages: Infant, elementary/middle school, high school, adulthood. Early childhood, Care from 6-35 months of age, understanding dental caries requires increased parent education because parents are the caregivers of infants in this stage of dental care. Elementary/middle school the emphasis is healthy diet for this age group. High school we emphasize careers in the dental field but the important information here is the negative effects on drugs and how they impact the teeth. For adults, the reason adults do not visit as often is a lack of time.

El Paso Action Health

Kristen Ortega works on El Paso Healthy Schools Project. Ms. Ortega is the Regional representative for El Paso county and Dona County schools and provide technical assistance and support around healthy eating. Action for Healthy Kids is a national non-profit organization committed to the belief that kids create a better world and we pursue this by mobilizing family school partnerships to address the child health crisis. The goal is to prepare kids to be better with health, body and mind. With COVID, there was a shift of healthy eating but now, there is the incorporation of the SEL component. Action for Healthy Kids also work with school districts to improve their policies by providing a specific review for example on the wellness policy, every 3 years, to nourish, energize, and connect our students. Action for Healthy Kids is funded by El Paso Norte Health Foundation. Its' primary focus is on the whole school, whole child, whole community model. El Paso healthy school's coalition has 4 defined areas to help school districts improve: healthy school meals, recess, joint use agreements, safe routes to school. School district engagement offers grants for school districts grants and resources and offer services and data for improvement. Improvement and support include supporting the SHAC and Wellness teams.

COVID 19 Protocol/Updates

Ms. Flores is the director of administrative support for Clint ISD. Ms. Flores supports the COVID taskforce. The latest update is that tomorrow (11/20/21) there will be a mega clinic at Horizon HS for children 5-11. The district has registered nurses and is able to provide the vaccine. Currently there is a collaborative effort with the El Paso fire department and the city of El Paso. Ms. Flores and her team are looking forward to administering at least 900 COVID vaccines for children. Also, if anyone come to the clinic and they have not had a flu shot, this program will be administering that as well. At Clint ISD is committed to taking care of our students, parent and other members of our community. This is the 5th or 6th clinic that has catered to this effort. The COVID numbers are increasing and the goals is to support the community in this capacity. Clint ISD will start having PCR testing at each campus soon. There are teams, already assembled, that will be stationed at the 3 different feeder patterns and these teams will go back to testing whole classes when a student tests positive. This plan is set to begin upon the return from Thanksgiving break. Clint ISD has continued to follow safety protocol as closely as possible, however, social distancing is an issue when considering sports, UIL and events at full capacity. It takes creativity when managing these situations as presented. Looking forward, the plan is to prepare for administering the boosters, but first we must administer the 5-11 year old students.

Input: There was a half day where received notification of a positive case. As a parent I was frantic and had questions and couldn't reach the nurse which was a bit frustrating. Thankfully we found a testing facility on our own. I do appreciate that you are offering the vaccine now.

Response: we have a testing site for anyone feeling symptomatic. The facility is here at district office. It is drive through, the nurses come to the back-parking lot and you get your results by 12 in the evening if you visit by 12 noon.

Input: Can the campuses include this information in the notification's parents receive, because that would have been helpful to me then and to others should it impact them.

Response: yes!

Input: Thank you for all you do and thank you on behalf of all the district

Response: Thank you!

SEL/PBIS

Ms. Luevano

Social and emotional learning (SEL) is the process through which children and adults develop and effectively apply knowledge attitudes and skills needed. Teachers are leading the charge about social emotional skills and positive behaviors (formerly called soft-skills). Campus check-ins are part of this process and are already happening all over different campuses and allows us to know when students need to speak to someone. SEL framework consists of 5 components: self-awareness, self-management, social awareness, relationship skills, and responsible decision making. The SEL program was based on data. Students were given a perception survey in the beginning of September and the results yielded that students did not feel they had the skills necessary to manage the components of SEL. PBIS deals with positive behavioral interventions and supports. This program provides interventions lessons and tutoring that allow for teaching a desired behavior by shifting the language (i.e. "don't run in the hallway" vs "please walk"). 80% of PBIS is teaching the expectation and 20% is about providing positive reinforcement. PBIS is implemented with teams. Office referrals and attendance data is used to drive instruction. PBIS works on a tiered system: Tier 1 is what everyone learns, Tier 2 is for some students that may need targeted social skill instruction. Research and best practices show that schools must create a safe, supportive learning environment. The key in developing this systematic approach to support positive behavior involves families, students, school staff and the community. To integrate SEL and PBIS at simultaneously we like to consider PBIS and SEL as the plate on which we serve academics and other educational areas of focus.

H.A.R.T

The HART program is the health ambassadors for a ready Texas program. Students were able to sign up. They signed up to help promote healthy student lunches and breakfasts. So far, they have had 2 main projects. The first one that was completed was to promote healthy school lunch and the second promotion, in March, they will promote healthy school breakfast. During COVID we did not have the ability to do this face to face, therefore, she designed a digital flyer about the importance of school lunch and uploaded the routes of busses and that was the promotion. This year she made a poster about school lunch. We made little flyers out of this and posted it around the school. There was another poster which promoted the Nutrislice app which is the Clint ISD website for our school breakfast and lunch. The HART program collaborated with CNP to incorporate the fruit cup that was mentioned with School Nutrition presentation. The HART program will open again in the spring and will be accepting new applicants, if anyone is interested.

•ACE Program

Bill Swanson introduced himself and acknowledged his family engagement specialist Ms. Marquez. The ACE program, or 21st century after school program, is a federally funded after school program, which means it is free. It was part of a grant written back in December of last year, that was awarded this year. It is offered at middle schools this year, with the hope of expanding to elementary schools next year. ACE offers 45 minutes of homework help/tutoring and high impact tutoring, 2 hours of enrichment that includes STEAM and SEL activities as well as clubs based on student interests. Dinner is served as well during this time frame, thanks to CNP. The ACE program has family evenings where parents are led through projects, incorporate SEL, and provide presentations on community resources. The ACE program takes field trips, one of which occurred during intercession. The theme was “zootopia” and students learned about animals, ecosystems and visited dinosaur tracks on the west side of El Paso. A student mentioned how big the mountains were and this serves as a reminder that this opportunity allowed this particular student to visit an area outside of their local community. Another recent event incorporated SEL with a writing component where students and parents completed a writing prompt, “one wish I have for my son/daughter is...” This aids with relationship building with parents and students. Currently the ACE program is hiring staff due to accommodate the students that would like to participate in the program. If anyone is aware of any college aged students that are looking for a job that offers 15-20 hours a week (4pm-7pm Monday through Friday, intercession camps or summer camps) Please contact Mr. Swanson. If you have a child that is attending middle school that would like to join the ACE program, please let us know.

Textbook Adoption

This year Clint ISD under textbook adoption for health books only. In November Clint ISD will need to create a committee of health teachers and parents who would like to volunteer to help with the adoption committee. The plan is for Mr. Littlejohn to meet with the textbook publishers in January to discuss textbook adoption guidelines. In February Clint ISD will meet with teachers and parents hold the adoption fair and conduct the official ballot casting. In March we are looking to train our teachers on the textbook we have adopted.

•Wellness Plan

Every 3 years the wellness plan must be revised. This is the third year. The wellness plan is 15 pages of information and 80-90% of this is child nutrition. Another significant portion is with PE and health teachers. Clint ISD will have a separate committee that will be tasked with discussing your portion of the wellness committee and ensuring all portions of the existing plan are compliant or revise the plan to ensure the district is compliant moving forward. The next step is to meet with a select committee and propose the select revisions to this committee who may offer changes to be considered. After this process is complete, the wellness plan will be presented to the SHAC committee for voting purposes.

Meetings 2021-2022

Future meetings are scheduled for February 25th and May 20th.

Closing

Thank you to our guest speakers, Ms. Ortega- Guest speaker gift was given.

Thank you to Dr. Dyer-Guest speaker gift will be delivered to him since he left to tend to his patients.

SHAC committee voted for Dr. Dyer to be able to speak at our schools for February Children's Oral Health Awareness month

Parents were entered into a drawing for Whataburger gift card. The winner was Vero Ramirez.