



Together... We Build Tomorrow!

CLINT INDEPENDENT SCHOOL DISTRICT

MINUTES

Clint ISD SCHOOL HEALTH ADVISORY COUNCIL

Clint ISD – Central Office

March 24, 2021

1. Introduction/Welcome – The meeting was called to order at 9:00 AM.
2. Mr. Melendez the head football coach at Horizon High School and a regular SHAC member informed the committee about the legislation involved with the yearly Physical Fitness Assessment. The direction from Texas Education Agency included overview information to conduct testing during this pandemic year. The legislature postponed testing during the 2019-2020 school year but testing must occur this year. The expectation from TEA is to collect as much physical fitness data as safely and accurately as possible and upload to the PFAI website. Mr. Melendez continued discussing the various data that must be collected. That includes the following:
 - a. AEROBIC CAPACITY
 - i. PACER, One-Mile Run, Walk Test
 - b. BODY COMPOSITION
 - i. Skin Fold Test, Body Mass Index
 - c. Muscular Strength and Endurance
 - i. Curl Up
 - ii. Trunk Lift
 - iii. Push-Up, Modified Pull-Up, Flexed Arm Hang
 - d. FLEXIBILITY
 - i. Back-Saver Sit and Reach, Shoulder Stretch

He mentioned that it would be easy to collect the data from students in person but students learning virtually would need significant direction. To conduct the mile run or walk students would have to have a timer as well as be able to identify when they have traveled a mile. Since this needs to be done safely some of the other committee members recommended a parent or older sibling help them identify the distance and collect data. To make data collection easier a Google Form was created so students can enter their data from school or from home. All information must be submitted by Friday, April 30, 2021.





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3. Mr. Swanson updated the committee on Covid-19 numbers for our city as well as for each campus. The city of El Paso and Clint ISD have seen significantly decreasing numbers of Covid-19 cases over the last several months. The district still offers:
 - a. Rapid testing conducted at every campus, every week
 - b. PCR tests conducted at Central Office M-F from 9:00 AM -1:00 PM

We are in the final approval process for vaccinations - awaiting equipment delivery and vaccines

4. Mrs. Salinas, Director of Child Nutrition provided an update of nutrition across the district as food services is providing meals at campuses and delivered by our transportation at an increased rate.
5. Mrs. Ortega from Action for Healthy Kids joined our SHAC meeting and informed the committee the resources they make available to support healthy schools. Action for Healthy Kids helps create healthier schools by bringing all the members of a school community together and equipping them with the tools and resources they need to make change happen to include counseling, nutrition, fitness, training and grants.
6. Questions & Needs – No new questions or needs were brought up in this meeting.
7. The meeting was concluded with a reminder of the next meeting scheduled for May 20, 2021