



Together... We Build Tomorrow!

CLINT INDEPENDENT SCHOOL DISTRICT

MINUTES

Clint ISD SCHOOL HEALTH ADVISORY COUNCIL

Clint ISD – Central Office

November 14, 2019

1. Introduction/Welcome – The meeting began at 9:00 AM. The district SHAC meeting took place in the library at Ricardo Estrada MS.
2. Annette Torres from the YMCA addressed the committee with a presentation on Vaping titled Smoke Free. Her presentation included the latest changes in the law about vaping and the potential impact on students. This impact included health concerns as well as legality issues. Student's vaping has quadrupled in the last 6 years and the health risks from highly addictive nicotine to additional substances added to vaping pipes make this a serious risk to students. It is illegal for students or adults to vape or have vaping paraphernalia on public school property. The Texas legislature raised the legal age for purchasing tobacco, e-cigarettes or cigarettes to the age of 21. The committee voted to allow Mrs. Torres, Smoke Free, presentation to be delivered on campuses.
3. Mrs. Lail, Clint ISD Nutritionist, presented typical menu options at all campuses through the district app, NutraSlice. The NutraSlice app provides students and parents with the nutrition information for each meal as well as provide alternatives for students with allergies and health concerns such as diabetes. After her presentation, committee members, were able to select a meal from the cafeteria and provide feedback on the quality of the meal and service provided at Ricardo Estrada Middle School. All participants enjoyed the meal.
4. Mr. Swanson discussed with Middle School health teachers that we would be purchasing a Health textbook as soon as possible. He would contact publishers and ask them to share their health textbooks and allow them to decide which one they would like to use.
5. FitnessGram for the 2019-2020 school year has not opened. School districts across the state are waiting on TEA to fund and open the program.
6. Mr. Swanson closed the meeting thanking all the committee members and reminding everyone when the next meeting will be on February 13, 2020.

