



*Together... We Build Tomorrow!*

CLINT INDEPENDENT SCHOOL DISTRICT

**MINUTES**  
**Clint ISD SCHOOL HEALTH ADVISORY COUNCIL**  
**Clint ISD – Central Office**  
**August 15, 2019**

1. Introduction/Welcome – The meeting was called to order at 9:00 AM. All present introduced themselves to the larger group.
  2. Mr. Swanson provided dates of the 2019-20 SHAC meetings;
    - a. August 15, 2019 – Central Office Boardroom
    - b. November 14, 2019 - TBD
    - c. February 13, 2020 - TBD
    - d. May 21, 2020 – Central Office Boardroom
  3. SHAC Membership- Mr. Swanson discussed membership, required activities and duties, as well as the 8 components of SHAC. He shared board policies that affect SHAC and the responsibilities of our committee as well as the district website where information on SHAC is stored.
  4. Mr. Swanson reminded all that the committee members should actively work to promote and recruit parents and community members to join SHAC and asked if any of the parents would like to Co-Chair the committee and asked for members to form a subcommittee as required by policy on fitness. Several members mentioned that they would serve as Co-Chairs and others mentioned that they would serve on the fitness committee. Mr. Swanson will be contacting interested parties to form the subcommittees.
  5. “Grief and Trauma” presentation – Amelia Leony-Carette – LCSW – Mrs Leony-Carrette talked about grief and the grief process and how people react to grief. The five shared are: Denial, anger, bargaining, depression and acceptance. She also discussed the reactions to grief and how best to support those going through the grief process. She continued her presentation by comparing grief to trauma. What we can do: Listen with your heart and not your head, Recognize what is happening, you go first and tell the truth, be patient, What not to say, and remember each person is unique.
  6. We will be looking at getting new Health textbooks.
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7. YWCA representative – Annette Torres - Talked about the new tobacco law which require people to be at least 21 to purchase. She discussed vaping, pipes and chew tobacco. She has agreed to present more formerly at the November SHAC meeting.
8. Mr. Swanson closed the meeting reminding all that we would be meeting at a campus for the November meeting and would be notified through email.