



*Together... We Build Tomorrow!*

CLINT INDEPENDENT SCHOOL DISTRICT

## MINUTES

### Clint ISD SCHOOL HEALTH ADVISORY COUNCIL

Clint ISD – Central Office

May 21, 2019

1. Welcome – The meeting was called to order at 9:00 AM.
2. SHAC Membership- Mr. Swanson discussed membership for the upcoming 2019-2020 school year and the need for representation from each campus. In addition, parents and community members must make up the majority of the committee. Mr. Swanson along with other committee members will actively work to promote and recruit parents and community members to join SHAC.
3. “Ending the Silence” presentation – Denise Uga – NAMI El Paso (National Alliance on Mental Illness) Denise Uga presented described the mission of NAMI and the services the organization offers. The “Ending the Silence” presentation has been promoted throughout the community. To participate in any of the programs, contact Mrs. Uga. Schools must sign up before the end of May. There is a 50 min presentation that is initially given to the campus faculty and then to students. It is an interactive experience. The need is great for a program on mental illness on our campuses since one in five students are affected by mental illness and teen suicide is becoming a crisis. At the end of the presentation the committee voted unanimously in favor of inviting schools to participate in the program.
4. The FBI presentation on drug awareness was unavoidably canceled by the FBI. We will attempt to reschedule at the beginning of the school year, possibly during the professional development week. Mr. Swanson will check with campus admin to determine if there is room in the schedule for a presentation.
5. Mrs. Lial, a district nutritionist, presented on the NutriSlice app. She also explained that the district website provides the nutrition information as well as the menu choices available to students across the district.
6. Mr. Swanson then shared the updated Wellness Plan. We discussed the proposed modifications by comparing to the original document. During the process Mr. Ackerman informed the committee on how they determine if the snacks they provide students are considered “Smart Snacks.” At the end of the review of the modified plan the committee approved the modifications. The updated policy will be provided to the school board for final approval.



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7. The committee then discussed meeting dates for the 2019-2020 school year. We will have a minimum of four meetings in the upcoming year. The dates selected are: Aug. 15, Nov. 14, Feb. 13 and May 21. Meeting will start at 9:00 AM. Mr. Ackerman recommended we have a meeting at a campus to include lunch from the school cafeteria.
8. Members of the committee asked about the process to get new health books. It has been over 10 years since the last health book was purchased.
9. The FitnessGram information needs to be filled out as soon as possible. Committee members are asked to return to campus and talk to Physical Education teachers and coaches about entering their data.
10. Physical Education teachers asked how to purchase new equipment for the school year. Mr. Swanson explained that all equipment comes from the campus budget and to speak with their admin team about their needs.
11. We ended the meeting with an update on the SHAC website. The minutes will be added as well as other materials related to SHAC.
12. The meeting concluded at 11:30 AM